

Andover Elementary School



Meal Prices

Student Lunch \$3.00
Reduced Price Lunch FREE
Student Breakfast \$2.25
Reduced Price Bfast FREE
Milk only \$0.75
Adult Lunch \$5.00
Adult Breakfast \$2.75

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

~ Celebrate National School Breakfast Week! March 3 - 7, 2025 ~ Students will receive a raffle entry for Amazon Gift Cards for every breakfast purchased this week. Drawings will be held March 10, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Choose one	<u>Choose one</u>	<u>Choose one</u>	<u>Choose one</u>	<u>Choose one</u>
1. Chicken Nuggets	1. Cheese Pizza Bites	1. Waffles & Syrup	Pasta and Meatballs	1. Choice of
Seasoned Noodles	Marinara	Sausage Patty	Marinara Sauce	Pizza
2. Hot Dog	2. Cheeseburger	2. Hot Dog	2. Cheeseburger	2. Hot Dog
3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate
Choose up to Three	Choose up to Three	Choose up to Three	Choose up to Three	Choose up to Three
Baked Beans	Seasoned Green Beans	Baked Hash Brown Potato	Seasoned Broccoli	Fresh Vegetable Sticks
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
10	11	12	13	14
Choose one	Choose one	Choose one	Choose one	Choose one
1. Chicken Patty	1. Mozzarella Sticks	1. Pancakes & Syrup	General Tso or Orange	1. Choice of
on a Bun	Marinara Sauce	Sausage Patty	Chicken with Asian Rice	Pizza
2. Hot Dog	2. Cheeseburger	2. Hot Dog	2. Cheeseburger	2. Hot Dog
3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate
Choose up to Three	Choose up to Three	Choose up to Three	Choose up to Three	Choose up to Three
Baked Beans	Seasoned Green Beans	Baked Hash Brown Potato	Seasoned Broccoli	Fresh Vegetable Sticks
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
St. Patrick's Day! 17	18	19	20	21
Choose one	Choose one	Choose one	Choose one	
Holiday Chicken Nuggets	1. Walking Tacos	French Toast Sticks	1. Choice of	
Seasoned Noodles	with Chips	Sausage Patty	Pizza	
2. Hot Dog	2. Cheeseburger	2. Hot Dog	2. Cheeseburger	
3. Yogurt Plate				
	=	1	_	M
_	3. Yogurt Plate	3. Yogurt Plate	3. Yogurt Plate	
<u>Choose up to Three</u> Seasoned Green Beans	=	1	3. Yogurt Plate <u>Choose up to Three</u>	
Choose up to Three	3. Yogurt Plate <u>Choose up to Three</u>	3. Yogurt Plate <u>Choose up to Three</u>	3. Yogurt Plate	School willi be
<u>Choose up to Three</u> Seasoned Green Beans	3. Yogurt Plate <u>Choose up to Three</u> Refried Beans	3. Yogurt Plate <u>Choose up to Three</u> Baked Hash Brown Potato	3. Yogurt Plate <u>Choose up to Three</u> Fresh Vegetable Sticks	School willl be closed today for
<u>Choose up to Three</u> Seasoned Green Beans Fresh Baby Carrots	3. Yogurt Plate <u>Choose up to Three</u> Refried Beans Fresh Baby Carrots	3. Yogurt Plate <u>Choose up to Three</u> Baked Hash Brown Potato Fresh Baby Carrots	3. Yogurt Plate <u>Choose up to Three</u> Fresh Vegetable Sticks Fresh Baby Carrots	
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit	3. Yogurt Plate <u>Choose up to Three</u> Refried Beans Fresh Baby Carrots Assorted Fruit	3. Yogurt Plate <u>Choose up to Three</u> Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit	3. Yogurt Plate <u>Choose up to Three</u> Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit	closed today for Staff Development
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk	3. Yogurt Plate <u>Choose up to Three</u> Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk	3. Yogurt Plate <u>Choose up to Three</u> Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk	3. Yogurt Plate <u>Choose up to Three</u> Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk	closed today for Staff Development
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26	3. Yogurt Plate <u>Choose up to Three</u> Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk	closed today for Staff Development
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one	3. Yogurt Plate <u>Choose up to Three</u> Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 <u>Choose one</u>	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one	closed today for Staff Development 28 Choose one
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone	closed today for Staff Development 28 Choose one 1. Choice of
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders Seasoned Noodles	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese Tomato Soup	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup Sausage Patty	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone Marinara Sauce	closed today for Staff Development 28 Choose one 1. Choice of Pizza
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders Seasoned Noodles 2. Hot Dog	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese Tomato Soup 2. Cheeseburger	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup Sausage Patty 2. Hot Dog	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone Marinara Sauce 2. Cheeseburger	closed today for Staff Development 28 Choose one 1. Choice of Pizza 2. Hot Dog
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders Seasoned Noodles 2. Hot Dog 3. Yogurt Plate	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese Tomato Soup 2. Cheeseburger 3. Yogurt Plate	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup Sausage Patty 2. Hot Dog 3. Yogurt Plate	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone Marinara Sauce 2. Cheeseburger 3. Yogurt Plate	Closed today for Staff Development 28 Choose one 1. Choice of Pizza 2. Hot Dog 3. Yogurt Plate
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders Seasoned Noodles 2. Hot Dog 3. Yogurt Plate Choose up to Three	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese Tomato Soup 2. Cheeseburger 3. Yogurt Plate Choose up to Three	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup Sausage Patty 2. Hot Dog 3. Yogurt Plate Choose up to Three	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone Marinara Sauce 2. Cheeseburger 3. Yogurt Plate Choose up to Three	Closed today for Staff Development 28 Choose one 1. Choice of Pizza 2. Hot Dog 3. Yogurt Plate Choose up to Three
Choose up to Three Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 24 Choose one 1. Chicken Tenders Seasoned Noodles 2. Hot Dog 3. Yogurt Plate Choose up to Three Seasoned Broccoli	3. Yogurt Plate Choose up to Three Refried Beans Fresh Baby Carrots Assorted Fruit Choice of Milk 25 Choose one 1. Grilled Cheese Tomato Soup 2. Cheeseburger 3. Yogurt Plate Choose up to Three Baked French Fries	3. Yogurt Plate Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit Choice of Milk Early Dismissal 26 Choose one 1. Pancakes & Syrup Sausage Patty 2. Hot Dog 3. Yogurt Plate Choose up to Three Baked Hash Brown Potato	3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk 27 Choose one 1. Cheese Calzone Marinara Sauce 2. Cheeseburger 3. Yogurt Plate Choose up to Three Seasoned Green Beans	Closed today for Staff Development 28 Choose one 1. Choice of Pizza 2. Hot Dog 3. Yogurt Plate Choose up to Three Fresh Vegetable Sticks

Choose one

1. Cheese

Quesadilla

2. Hot Dog

3. Yogurt Plate

Choose up to Three Corn Niblets Fresh Baby Carrots

Assorted Fruit Choice of Milk April Fools Day!

Choose one

1. Emoji Nuggets Macaroni and Cheese

2. Cheeseburger

3. Yogurt Plate

Choose up to Three **Baked Beans**

Fresh Baby Carrots Assorted Fruit Choice of Milk

Choose one

1. Waffles and Syrup Sausage Patty

2. Hot Dog

3. Yogurt Plate

Choose up to Three Baked Hash Brown Potato Fresh Baby Carrots Assorted Fruit

Choice of Milk

Choose one

1. BBQ Rib

on a Bun 2. Cheeseburger

3. Yogurt Plate

Choose up to Three California Mixed Vegetables Fresh Baby Carrots Assorted Fruit Choice of Milk

Choose one

1. Choice of Pizza

2. Hot Dog 3. Yogurt Plate

Choose up to Three Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choice of Milk

Come join us for Breakfast! Just \$2.25 for All Students!

Choices may include:

- ♦ Fresh Made Bacon & Egg Sandwich
- ♦Assorted Muffins ◆Assorted Cereal
- ♦Cinnamon Buns
- ♦ Breakfast Bars
- ◆Pastries

All choices come with Fruit, Juice and Milk *Students approved for FREE or Reduced lunches are automatically elibigible from FREE breakfast

> Don't skip the Most Importar Meal of the Day!

Substitute Kitchen Help needed! Come Join Our Amazing Team!

The Coventry/Andover School Food Service is now hiring kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to https://www.applitrack.com/coventry/onlineapp/.

Follow us on Social Media!



CoventryAndoverSchoolFoodService



coventryandoverschoolnutrition

March Nutrition Tips:

Eat more green veggies!



• Eat the rainbow, try lots of colorful fruits and veggies!





Start your day with breakfast!

March Physical Activity Tips:

 Do jumping jacks or push ups during commercials when watching TV, or when taking a break from doing homework!



- Play a game with your friends, like basketball or soccer!
- Dance to your favorite song after school!

Parents – Log onto family.schoolcafe.com or download the "SchoolCafe Family Hub" app to view your student's meal balance and make payments. For more information about your school lunch program, visit

http://www.coventrypublicschools.org/district/food-services.

Want to be involved in school wellness?

Visit https://www.coventrypublicschools.org/district/wellness-committee. Questions or comments about your student's lunches? Call or email 860-742-4535 or bpratt@coventryct.org.

> Please inform your school nurse if your child has a food allergy. This institution is an equal opportunity provider.