



# AES Early Learning Center

# March

# 2025

### Meal Prices


Student Lunch	\$3.00
Reduced Price Lunch	FREE
Student Breakfast	\$2.25
Reduced Price Bfast	FREE
Milk only	\$0.75
Adult Lunch	\$5.00
Adult Breakfast	\$2.75

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

**~ Celebrate National School Breakfast Week! March 3 - 7, 2025 ~**

**Students will receive a prize for every breakfast purchased this week.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p><u>Choose one</u></p> <p>1. Chicken Nuggets Seasoned Noodles Baked Beans</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">4</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Bites with Marinara Seasoned Green Beans</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Cucumber Coins</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">5</p> <p><u>Choose one</u></p> <p>1. Waffles and Syrup Sausage Patty Baked Hash Brown</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Baked Hash Brown</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">6</p> <p><u>Choose one</u></p> <p>1. Pasta and Meatballs Marinara Sauce Seasoned Broccoli</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Raw Broccoli Trees</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">7</p> <p><u>Choose one</u></p> <p>1. Choice of Pizza Fresh Vegetable Sticks</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>
<p style="text-align: right;">10</p> <p><u>Choose one</u></p> <p>1. Chicken Patty on a Bun Baked Beans</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Cucumber Coins</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">11</p> <p><u>Choose one</u></p> <p>1. Mozzarella Sticks Marinara Sauce Seasoned Green Beans</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">12</p> <p><u>Choose one</u></p> <p>1. Pancakes and Syrup Sausage Patty Baked Hash Brown</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Baked Hash Brown</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">13</p> <p><u>Choose one</u></p> <p>1. Orange Chicken with Fried Rice Seasoned Broccoli</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Raw Broccoli Trees</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">14</p> <p><u>Choose one</u></p> <p>1. Choice of Pizza Fresh Vegetable Sticks</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>
<p style="text-align: right;">17</p> <p><b>St. Patrick's Day!</b></p> <p><u>Choose one</u></p> <p>1. Holiday Chicken Nuggets Seasoned Noodles Seasoned Broccoli</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Raw Broccoli Trees</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">18</p> <p><u>Choose one</u></p> <p>1. Cheeseburger on a Bun Cucumber Coins</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Cucumber Coins</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">19</p> <p><u>Choose one</u></p> <p>1. French Toast Sticks Sausage Patty Baked Hash Brown</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Baked Hash Brown</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">20</p> <p><u>Choose one</u></p> <p>1. Choice of Pizza Fresh Vegetable Sticks</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">21</p> <div style="text-align: center;">  <p><b>School will be closed today for Staff Development</b></p> </div>
<p style="text-align: right;">24</p> <p><u>Choose one</u></p> <p>1. Chicken Tenders Seasoned Noodles Seasoned Broccoli</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Raw Broccoli Trees</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">25</p> <p><u>Choose one</u></p> <p>1. Grilled Cheese Tomato Soup Baked French Fries</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Cucumber Coins</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">26</p> <p><b>Early Dismissal</b></p> <p><u>Choose one</u></p> <p>1. Pancakes and Syrup Sausage Patty Baked Hash Brown</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Baked Hash Brown</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">27</p> <p><u>Choose one</u></p> <p>1. Cheese Calzone Marinara Sauce Seasoned Green Beans</p> <p>2. Yogurt Plate with Muffin &amp; String Cheese Cucumber Coins</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p style="text-align: right;">28</p> <p><u>Choose one</u></p> <p>1. Choice of Pizza Fresh Vegetable Sticks</p> <p>2. Yogurt Plate with Dinner Roll &amp; String Cheese Fresh Vegetable Sticks</p> <p><b>Fruit &amp; Milk included in all Meals</b></p>

**Follow us on Social Media!**






CoventryAndoverSchoolFoodService



coventryandoverschoolnutrition

<b>31</b>	<b>Choose one</b>	<b>1</b>	<b>Choose one</b>	<b>2</b>	<b>Choose one</b>	<b>3</b>	<b>Choose one</b>	<b>4</b>
	1. Chicken Tenders Seasoned Noodles Seasoned Broccoli		1. Emoji Nuggets Macaroni and Cheese Baked Beans		1. Waffles and Syrup Sausage Patty Baked Hash Brown		1. BBQ Rib on a Bun California Mixed Vegetables	
	2. Yogurt Plate with Dinner Roll & String Cheese Raw Broccoli Trees		2. Yogurt Plate with Muffin & String Cheese Cucumber Coins		2. Yogurt Plate with Dinner Roll & String Cheese Baked Hash Brown		2. Yogurt Plate with Muffin & String Cheese Cucumber Coins	
	<b>Fruit &amp; Milk included in all Meals</b>		<b>Fruit &amp; Milk included in all Meals</b>		<b>Fruit &amp; Milk included in all Meals</b>		<b>Fruit &amp; Milk included in all Meals</b>	

**Snack provided daily** may include:

Fresh Orange Smiles		Apple Sauce Teddy
Sliced Peaches		Grahams
Gold Fish Crackers		String Cheese
100% Fruit Pops		Cherrios
Cucumber Coins		Apple Slices
Strawberry Cups		Pretzels

**Come join us for Breakfast!**

**Just \$2.25 for All Students!**

Options include:

- ◆ Pancakes
- ◆ Assorted Muffins
- ◆ Assorted Cereal

All choices come with Fruit, Juice and Milk

*\*Students approved for FREE or Reduced lunches are automatically eligible from FREE breakfast*

***Don't skip the Most Important Meal of the Day!***

**March Nutrition Tips:**

◆ Eat more green veggies!



◆ Eat the rainbow, try lots of colorful fruits and veggies!

◆ Try a new vegetable or fruit!



◆ Start your day with breakfast!

**March Physical Activity Tips:**

◆ Do jumping jacks or push ups during commercials when watching TV, or when taking a break from doing homework!



◆ Play a game with your friends, like basketball or soccer!



◆ Dance to your favorite song after school!



**Substitute Kitchen Help needed! Come Join Our Amazing Team!**

The Coventry/Andover School Food Service is now hiring kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to <https://www.applitrack.com/coventry/onlineapp/>.

**Parents – Log onto [family.schoolcafe.com](http://family.schoolcafe.com) or download the "SchoolCafe Family Hub" app to view your student's account balance and make payments.**

Want to be involved in school wellness? Visit: <https://www.coventrypublicschools.org/district/wellness-committee>  
 Questions or comments about your student's meals? **We'd love to hear from you!** Call the Kitchen at 860-742-7339 or the Food Service Office at 860-742-4535. The AES Early Learning Center participates in the Child & Adult Care Food Program and Child Nutrition Program. All menus meet or exceed the nutritional requirements of these programs.  
**Please inform your school nurse if your child has a food allergy.** This institution is an equal opportunity provider.