



Andover Elementary School

April, 2026

Meal Prices	
Student Lunch	\$3.10
Reduced Price Lunch	\$0.40
Student Breakfast	\$2.50
Reduced Price Bfast	\$0.30
Milk only	\$0.75
Adult Lunch	\$5.50
Adult Breakfast	\$3.25

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

Follow us on Social Media!



CoventryAndoverSchoolFoodService
coventryandoverschoolnutrition

		<p>1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> French Toast Sticks Sausage Patty Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Potato</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>2</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Choice of Pizza Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>3</p>  <p>School will be closed today to celebrate Good Friday!</p>
<p>6</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Popcorn Chicken Bowl Dinner Roll Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Mashed Potatoes</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>7</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Cheese Quesadilla Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Refried Beans</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>8</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Pancakes with Assorted Toppings, Sausage Patty Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Potato</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>9</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Orange Chicken Asian Rice Cheeseburger Yogurt Plate <p>Cookie!</p> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>10</p> <p>Early Release</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Choice of Pizza Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>



Spring Break April 13 - 17, 2026



<p>20</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Nuggets Macaroni and Cheese Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>21</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Grilled Cheese Tomato Soup Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>California Mixed Vegetables</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>22</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Waffles and Syrup Sausage Patty Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Potato</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>23</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Mexican Beef Taco Seasoned Rice Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Refried Beans</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>24</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Bacon Ranch Pizza Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>
<p>27</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Patty on a Bun Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>28</p> <p><u>Choose one</u></p> <p>Cheese Lasagna with Marinara Sauce</p> <ol style="list-style-type: none"> Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>29</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Pancakes and Syrup Sausage Patty Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Potato</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>30</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Mozzarella Sticks Marinara Sauce Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>California Mixed Vegetables</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>	<p>1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Choice of Cheese or BBQ Chicken Pizza Hot Dog Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit</p> <p>Choice of Milk</p>

Come join us for Breakfast! Just \$2.50 for All Students!

Choices may include: ♦ Fresh Made Bacon & Egg Sandwich ♦ Assorted Muffins
♦ Assorted Cereal ♦ Cinnamon Buns ♦ Breakfast Bars ♦ Pastries

All choices come with Fruit, Juice and Milk

* Students approved for FREE lunch are automatically eligible for FREE breakfast and breakfast for students approved for REDUCED meals is just 30¢. ***Don't skip the Most Important Meal of the Day!***

Tips to Help Kids and Families Stay Active! Children need to be active for 60 minutes on most days of the week to maintain good health and fitness. Activity can be accumulated throughout the day. Even blocks of time as short as 15 minutes or more can count towards kids' daily activity goal.

Involve the whole family!

Talk about physical activity as a fun lifelong way to take care of your body and balance your food and energy, rather than viewing it as a chore

Celebrate accomplishments with fun activities instead of food or extra TV time



Establish a routine

Start small, gradually adding new activities to your routine

Set aside time each day for physical activity

Let your child pick and choose

Organized sports are great but there are many other activities children can do to be active that are not competitive. Let them select or choose as a family

Take a nature hike to collect leaves and rocks that your child can use to make a collage.

If your child likes to climb, head for the nearest neighborhood jungle gym

Let each child take a turn choosing the activity of the day or week

If your child likes to read, walk or bike to the neighborhood library for a book

Turn on your child's favorite music and dance in the living room



Limit screen time to no more than 1-2 hours per day

Ask them to decide how they would like to use their 1-2 hours of "screen time"

Avoid putting a television in your children's bedrooms

Keep the computer in a family area.

Limit other sedentary activities, such as text messaging or chatting on the phone



Parents – Log onto family.schoolcafe.com or download the "SchoolCafe Family Hub" app to view your student's account balance and make payments. For more information about your school lunch program, visit

<http://www.coventrypublicschools.org/district/food-services>.

Please inform your school nurse if your child has a food allergy.

Visit <https://www.coventrypublicschools.org/district/wellness-committee> to be involved in school wellness!

Questions or comments about your student's lunches?

We'd love to hear from you! Call the Food Service Office at 860-742-4535.

This institution is an equal opportunity provider.