



# AES Early Learning Center

# November 2023

Meal Prices	
Student Lunch	\$3.00
Reduced Price Lunch	FREE
Student Breakfast	FREE
Reduced Price Bfast	FREE
Milk only	\$0.75
Adult Lunch	\$4.75
Adult Breakfast	\$2.50

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



1
<u>Choose one</u>
1. Pancakes and Syrup Sausage Patty Baked Hash Brown
2. Yogurt Plate with Bagel & String Cheese Baked Hash Brown
<b>Fruit &amp; Milk included in all Meals</b>

2
<u>Choose one</u>
1. Grilled Cheese Sandwich Seasoned Broccoli
2. Yogurt Plate with Muffin & String Cheese Raw Broccoli Trees
<b>Fruit &amp; Milk included in all Meals</b>

3
<u>Choose one</u>
1. Cheese Pizza Slice Fresh Vegetable Sticks
2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks
<b>Fruit &amp; Milk included in all Meals</b>

6
<u>Choose one</u>
1. Chicken Nuggets Macaroni and Cheese Mixed Vegetables
2. Yogurt Plate with Bagel & String Cheese Cucumber Coins
<b>Fruit &amp; Milk included in all Meals</b>

7

<i>today for Election Day</i>

8
<u>Early Release</u>
<u>Choose one</u>
1. Waffles & Syrup Sausage Patty Baked Hash Brown Potato
2. Yogurt Plate with Bagel & String Cheese Baked Hash Brown
<b>Fruit &amp; Milk included in all Meals</b>

9
<u>Early Release</u>
<u>Choose one</u>
1. 4X6 Cheese Pizza Seasoned Green Beans
2. Yogurt Plate with Muffin & String Cheese Cucumber Coins
<b>Fruit &amp; Milk included in all Meals</b>

10

<i>today for Veterans' Day</i>

13
<u>Choose one</u>
1. Popcorn Chicken Seasoned Rice Baked Beans
2. Yogurt Plate with Bagel & String Cheese Cucumber Coins
<b>Fruit &amp; Milk included in all Meals</b>

14
<u>Choose one</u>
1. Cheeseburger on a Bun Corn Niblets
2. Yogurt Plate with Muffin & String Cheese Fresh Vegetable Sticks
<b>Fruit &amp; Milk included in all Meals</b>

15
<u>Choose one</u>
1. French Toast Sticks Sausage Patty Baked Hash Brown
2. Yogurt Plate with Bagel & String Cheese Baked Hash Brown
<b>Fruit &amp; Milk included in all Meals</b>

16
<u>Choose one</u>
1. Cheese Quesadilla Corn Niblets
2. Yogurt Plate with Muffin & String Cheese Cucumber Coins
<b>Fruit &amp; Milk included in all Meals</b>




17
<u>Choose one</u>
1. Stuffed Crust Cheese Pizza Fresh Vegetable Sticks
2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks
<b>Fruit &amp; Milk included in all Meals</b>

20
<u>Choose one</u>
1. Turkey Shaped Nuggets Seasoned Noodles Seasoned Green Beans
2. Yogurt Plate with Bagel & String Cheese Cucumber Coins
<b>Fruit &amp; Milk included in all Meals</b>

21
<u>Choose one</u>
1. Pancakes & Syrup Sausage Patty Baked Hash Brown
2. Yogurt Plate with Muffin & String Cheese Fresh Vegetable Sticks
<b>Fruit &amp; Milk included in all Meals</b>

22
<u>Early Release</u>
<u>Choose one</u>
1. Cheese Pizza Pocket with Marinara Fresh Vegetable Sticks
2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks
<b>Fruit &amp; Milk included in all Meals</b>

23	24
<i>School will be closed today to celebrate the Thanksgiving Holiday!</i>	
	
<b>Happy Thanksgiving</b>	

Fresh Orange		100% Fruit Pops	Cherrios		Apple Sauce
Smiles		Cucumber Coins	Apple Slices		Teddy
Sliced Peaches		Strawberry Cups	Pretzels		Grahams
Gold Fish Crackers					String Cheese
					

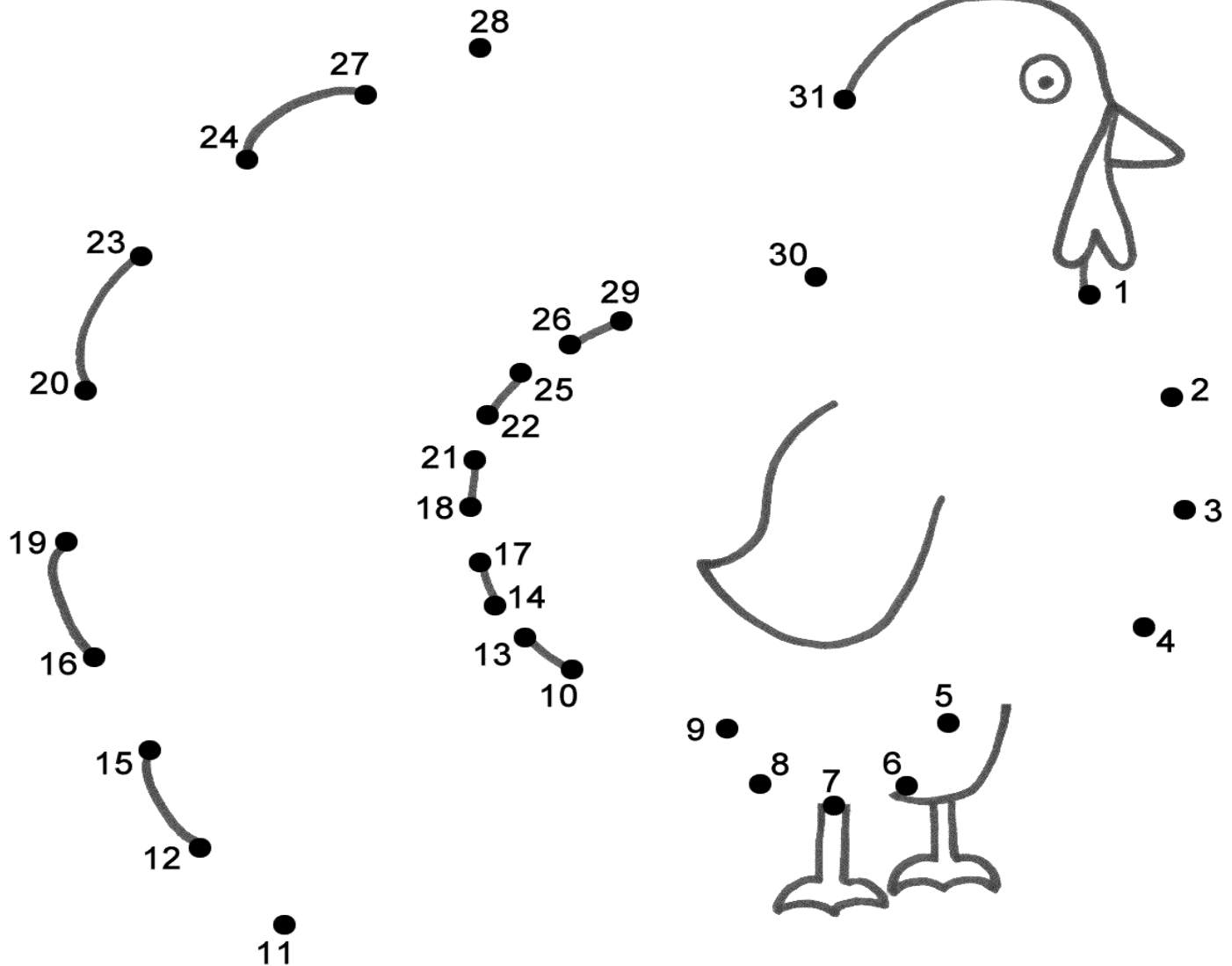
<p>27</p> <p><i>Choose one</i></p> <ol style="list-style-type: none"> <li>1. Chicken Patty on a Bun Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Fresh Vegetable Sticks</li> </ol> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p>28</p> <p><i>Choose one</i></p> <ol style="list-style-type: none"> <li>1. Asian Orange Chicken Seasoned Rice Seasoned Broccoli</li> <li>2. Yogurt Plate with Muffin &amp; String Cheese Raw Broccoli Trees</li> </ol> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p>29</p> <p><i>Choose one</i></p> <ol style="list-style-type: none"> <li>1. Waffles &amp; Syrup Sausage Patty Baked Hash Brown</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Baked Hash Brown</li> </ol> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p>30</p> <p><i>Choose one</i></p> <ol style="list-style-type: none"> <li>1. Cheeseburger on a Bun Cucumber Coins</li> <li>2. Yogurt Plate with Muffin &amp; String Cheese Cucumber Coins</li> </ol> <p><b>Fruit &amp; Milk included in all Meals</b></p>	<p>1</p> <p><i>Choose one</i></p> <ol style="list-style-type: none"> <li>1. Stuffed Crust Pizza Fresh Vegetable Sticks</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Fresh Vegetable Sticks</li> </ol> <p><b>Fruit &amp; Milk included in all Meals</b></p>
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## Come join us for Breakfast! It's FREE for All Students!

Options include: ♦ Pancakes ♦ Assorted Muffins ♦ Assorted Cereal  
All choices come with Fruit, Juice and Milk



***Don't skip the Most Important Meal of the Day!***



**Parents:** Visit [www.myschoolaccount.com](http://www.myschoolaccount.com) to view your student's account balance and make payments.

Want to be involved in school wellness? Visit: <https://www.coventrypublicschools.org/district/wellness-committee>  
Questions or comments about your student's meals? **We'd love to hear from you!** Call the Kitchen at 860-742-7339 or the Food Service Office at 860-742-4535. The AES Early Learning Center participates in the Child & Adult Care Food Program and Child Nutrition Program. All menus meet or exceed the nutritional requirements of these programs.

***Please inform your school nurse if your child has a food allergy.***

*This institution is an equal opportunity provider.*